## Carbonhand ${ }^{\circledR}$ glove size

6 sizes - XS, S, M, L, XL, XLW. Sizes slightly smaller than SEM Glove - fits smaller hands.



## Carbonhand ${ }^{\circledR}$ cord

## How to measure

- Cord in 3 lenghts - 80, 90, 100 cm
- Measure from the top of the belt to the outer part
- of the shoulder bone (acromium) and from acromium
- to the wrist. Deduct 15 cm .
- If in doubt of which length to choose, take the longer one.



## Arm straps

If in doubt about 2 sizes, take the smaller one

## Upper Arm strap



Measured at the widest point

Lower arm strap
Forearm cirfumference


Measured 140 mm from the wrist line ( 5.5 inches)

Strength for Life

